BECAUSE WE WANT YOU TO BE IN THE KNOW

To receive free* text alerts from the YMCA, simply **text the code** for the alerts you would like to receive to **81010.**

Code

@ncymem

@ncyfi

@ncygym

Area of Interest

Membership/Facility

Fitness

Gymnastics



We look forward to keeping in touch with you!

*Standard text rates apply for phone contracts without unlimited texting.